

Day & Date	Time		Subject
	From	To	
DAY 1			
15 min	0700	0715	Introductions
30 min	0715	0745	ASAP Overview
			What is an Active Shoter?
			Definition
			What is Our Goal?
			ASAP Purpose
			Incident Review
			(Six Schools)
			Discussion
			Objectice of Suspect(s)
15 min	0745	0800	Break
45 min	0800	0845	Enhanced ASAP Training
			ASAP Team Training
			What is an ASAP team?
			Team Organization
			Team Leader
			Assistant Leader
			Deputy / NG
			Deputy Breacher
			DesireableTeam member traits
			UndesireableTeam member traits
			Team Notes
			Physical Fitness
			Equipment - individual
			Individual Equipment for ASAP
			Team equipment for ASAP
			Assault Pack - Equipment
15 min	0845	0900	Break
50 min	0900	0950	Preparing for battle
			Becoming a Warrior
			War Face
			Which are you?
			What is Warrior Mindset
			What is Combat Mindset?
			Optimum Combat Mindset
			Individual Mindset
			Visualization
			Composition
			Preparing for Battle
			Types of Mindset

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			Offensive vs Defensive
			Meat Eater
			Principals of Mindset
			Mental Programming
			Screen out distractions
			Be mentally prepared
			Attitude is "Never Quit"
			Controlled Agression
10 min	0950	1000	Break
50 min	1000	1050	Human Decision Cycle
			Colonel John Boyd
			Description of Loop
			Overview of Loop
			Why do we care about it?
			Operating inside their loop
			Aids to a faster loop
			Keep things simple & flexible
			Don't be afraid to be yourself & make mistakes
			Strong Character
			Train like you fight
			Unit Training
			Education
			Awareness & anticipation
			The bottom line
			During the Fight
			Lethal Force Encounters
			Individual Mindset
			Optimum Combat Mindset
			Mindset Composition
			Physiological effects of combat
			Sleep
			Heart Rate
			Perceptual Distortions in combat
			How can I reduce the chance of this happening to me?
			Stress Inoculation
			Controlling Combat Stress
			Keep Initial Planning Simple
			Things to Consider
			Winning the fight
			Speed
			Surprise
			Violence of Action

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			Should you Have to Shoot
			Good Warrior Books
			The Deployment
			The Big Picture
			Overall Response - Key Players
			Assembly Area Considerations
			How do we get there as a team?
			Approach
			Vehicle
			Vehicle Approach Tactics
			On foot
			Exterior movement
			Approach Situations
			Wedge
			Bounding overwatch
			Assault Firing Positions
			Bounding overwatch explanation
			Heavy head explanation
			Helpful Hints
			Be Prepared for:
			Officer down on approach
1 hr	1200	1300	Lunch break
			SAFETY BRIEF & INSPECTION
			Practicals
50 min	1300	1350	
10 min	1350	1400	Break
1 hr	1400	1500	
20 min	1500	1520	Break
1 hr 10 min	1520	1630	Team building/stress exercise (until completion)
30 min	1630	1700	Gear down
			Secure individual equipment
			Debrief
			Clean up
Day 1	1700		End of Training

Day & Date	Time		Subject
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Day 2			ENTERING the BUILDING
15 min	0700	0715	Review/Discuss Previous day
30 min	0715	0745	Tools of the Trade
			Building Breach
			Breaching Setup - Door opens out
			Breaching Setup - Door opens in
			Hallway movement, Single side open door
			Breaching setup
15 min	0745	0800	Break
45 min	0800	0845	Interior formations
			Diamond Formation
			Heavy head formation
			T formation
			Dynamic corner clear
			Corner Clears
			Dynamic corner clear
			Hazards
			Key points
			Hallway Movement
			Hallway Considerations
			Key Points
			Priority of Shot
			What about runners?
15 min	0845	0900	Break
20 min	0900	0920	T Intersections
			Room Clearing Fundamentals
			CQB Safety Requirements
1 hr 55 min	0920	1115	Room Clearing
			Fundamentals of Room Clearing
			The Basics
			More Basics
			Room Domination
			Advantages of this system
			CQB
			What is a Flash Sight Picture?
			CQB Common Room Requirements
			Room Entry Verbiage
			L-shaped room, 4 person
			L-shaped room, 2 person
			Linear room, 4 person
			Linear room, 2 person

Day & Date	Time		Subject
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			Avoid Verbal Confrontations
			Common Mistakes
			Major Differences when using 2 person COB
			Discrimination / Target I.D.
			SAFETY BRIEF and INSPECTION
			Practicals
1 hr	1115	1215	<i>Lunch break</i>
45 min	1215	1300	Interior Formations
15 min	1300	1315	<i>Break</i>
1 hr 45 min	1315	1500	
10 min	1500	1510	<i>Break</i>
1 hr 20 min	1510	1630	
30 min	1630	1700	Gear down
			Secure individual equipment
			Debrief
			Clean up
Day 2	1700		End of Training day

Day & Date	Time		Subject
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Day 3			INTERIOR MOVEMENT
15 min	0700	0715	Review/Discuss Previous day
45 min	0715	0800	Interior movement
			We're in the room ...
			Collapsing a room 1
15 min	0800	0815	Break
45 min	0815	0900	Other Options
			Hostage Handling
			Medical Contingencies
			Person down in hallway
			Person down in hallway
30 min	0900	0930	Person down in hallway
			Person down in hallway
			Medical Emergencies
			Medical - Team Resources
15 min	0930	0945	Break
			Practicals
			SAFETY BRIEF & INSPECTION
15 min	0945	1000	
10 min	1000	1010	Break
50 min	1010	1100	Consolidating hostages (already in a room) - demo/divide up
			Lunch Break
1 hr	1100	1200	SAFETY BRIEF and INSPECTION
50 min	1200	1250	Practicals
10 min	1250	1300	Break
3 hr	1300	1600	
1 hr	1600	1700	Gear down
			Secure individual equipment
			Debrief
			Clean up
Day 3	1700		End of Training Day

Day & Date	Time		Subject
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Day 4			Additional Considerations
15 min	0700	0715	Review/Discuss Previous day
15 min	0715	0730	Improvised Explosive Devices
			IEDs
30 min	0730	0800	Inspecting IEDs
			Columbine IEDs
			Columbine IEDs
			Columbine IEDs
			Pipe Bomb
15 min	0800	0815	Break
45 min	0815	0900	Stairs
			Scene Stabilization
			Scene Stabilization Priorities
30 min	0900	0930	Scene Stabilization
			Link Ups
			Link up with other units
			Link ups continued
10 min	0930	0940	ASAP Commander
20 min	0940	1000	SWAT is on scene
15 min	1000	1015	Break
			What Happens now?
			Post Assault Procedures
			Post Assault Procedures
			Post Incident Stress Considerations
			Post Incident Stress
			Once we have all this down ...
			Beslan, Russia
			SAFETY BRIEF & INSPECTION
45 min	1015	1100	Practicals
30 min	1100	1130	
30 min	1130	1200	Written Exam
1 hr 30 min	1130	1300	Lunch break
			SAFETY BRIEF & INSPECTION
3 hr	1300	1600	Practicals
1 hr	1600	1700	Gear down
			Secure individual equipment
			Debrief
			Clean up
Day 4	1700		End of Training